

Injury management Policy

Appropriate Minimum Qualifications

(a) Unless otherwise notified by the AFL, for the purposes of this Policy Handbook, **Appropriate Minimum Qualifications** means the minimum qualifications set out in the following Table:

| Appropriate Minimum Qualifications | | | | | |
|---|-------------------------------|---------------------------------|--|--|---|
| Level (Age) | AFL/AFLW | State League | Senior (18+) | Youth (13-17) | Auskick/Junior (5-12) |
| Recommended | Level 2 Sports Trainer or QMP | Level 2 Sports Trainer or QMP | Sports Trainer (Level 1 or 2) or QMP | Sports Trainer (Level 1 or 2) or QMP | Sports Trainer (Level 1 or 2) or QMP |
| Minimum | Level 2 Sports Trainer or QMP | Sports Trainer (Level 1) or QMP | Sports Trainer (Level 1) or QMP or ERC | Sports Trainer (Level 1) or QMP or ERC | Sports Trainer (Level 1) or QMP or ERC or First Aider |

(b) The terms specified in Table 1 have the following meanings:

(i) **ERC** means a person who has completed an AFL-approved Emergency Response Coordinator Course which is current and up to date;

(ii) **First Aider** means a person who has obtained a nationally accredited first aid certificate which is current and up-to-date and includes assessed competencies HLTAID003 (Provide First Aid);

(iii) **Level 2 Sports Trainer** means a person who has completed a Controlling Body-approved Level 2 Sports Trainer Course which is current and up to date;

(iv) **Level 1 Sports Trainer** means a person who has completed a Controlling Body-approved Level 1 Sports Trainer Course which is current and up to date;

(v) **Qualified Medical Professional (QMP)** means a qualified doctor, paramedic, physiotherapist, osteopath, chiropractor, registered nurse or firefighter with Emergency Management Competency and appropriate first aid competencies.

Approved courses

Where a person completes a Controlling Body-approved Level 1 or Level 2 Sports Trainer Course or AFL-approved Emergency Response Coordinator Course that person will achieve Emergency Management Competency.

Emergency Management Competency

For the purposes of this Policy Handbook, Emergency Management Competency means proficiency in the following areas:

(a) emergency planning including:

(i) ensuring access to a telephone and calling an ambulance if required;

(ii) venue access for emergency vehicles; and

(iii) access to appropriate and adequate first aid equipment and supplies;

(b) understanding emergency response priorities and applying emergency procedures including the DRsABCD procedure (Danger, Response, Send for help, Airway, Breathing, and CPR and Defibrillation);

(c) assessment of injured participants including:

(i) application of STOP (Stop, Talk, Observe, Prevent) and TOTAPS (Talk, Observe, Touch, Active movement, Passive movement & Skills);

(ii) immediate management of severe injuries and life-threatening medical emergencies, including:

(A) spinal & neck injuries;

(B) intracranial (brain) injuries & concussion (definition, causes, signs and management);

(C) unconscious casualties;

(D) airway/respiratory distress such as choking, airway obstructions & asthma;

(E) management of open wounds and application of the blood rule; and

(F) soft tissue injury management and application of RICER (Rest, Ice, Compression, Elevation, Referral) with no harm;

(d) on-field and off-field communication including:

(i) liaising with Umpires, other Football Officials, Qualified Medical Professionals and parents/guardians;

(ii) visible and clearly understood signals used for emergency and injury management;

(iii) encouraging teamwork; and

(iv) record keeping; and

(e) transporting injured participants including lifts, carries and use of an appropriate stretcher (pole and scoop).